

Working from Home – Planning for Productivity. 7th June 2021 : 10-11-30 on Zoom

The Problem

Working from home is easy to do for a short time, but in the long term most people experience problems with motivation and isolation. They also often need to deal with difficult domestic issues of distractions and workspace.

The Solution

Homes are unique, so we look at a range of problems. These can be categorised in 4 main areas: planning, distraction, motivation and contact. Each of the 4 sessions takes one issue and provides tactics for dealing with it.

About the Trainer

Ash Charlton is a qualified psychologist and counsellor who has delivered very successful and enjoyable personal development courses for over 20 years. His clients include numerous universities, major charities, international NGOs and the UN. The Sunday Times described his style as 'participatory, fun and respectful'.

This is a highly interactive session for just 12 people.

To register go to this link: <https://www.eventbrite.co.uk/e/working-from-home-planning-for-productivity-tickets-151382066837>

Cost: **Free to LIEM members.**